



BENEFITS OF MOVING INTO ASSISTED LIVING DURING COVID-19.

TRADITIONS MANAGEMENT WOULD LIKE TO ANSWER YOUR QUESTIONS REGARDING MOVING INTO ASSISTED LIVING DURING THIS PARTICULAR TIME.

Is it a safe to move into an Assisted Living Community during these times?

Resident safety is the first item addressed when transitioning from home to Assisted Living. In most instances, living in a controlled environment that screens caregivers for COVID-19 symptoms and enforces sanitary protocols can reassure seniors, their doctors, and their loved ones.

The healthcare staff at Assisted Living communities monitor and provide oversight of its residents, this oversight will help to detect physical changes that require intervention before a medical emergency occurs. We also have on-site physicians should an urgent need arise.

Are residents allowed to see family or other visitors at this time?

The guidelines in place at a Community help Seniors remain social with various options. Visitation with safety protocols in place — such as furniture arranged for social distancing, masks being worn, visitors signing health forms, and temperatures taken before visiting — are carefully monitored and adjusted as regulations change at Assisted Living communities. Some Communities have video calling options and outdoor visitation in place for residents to communicate without contact. A controlled environment and visitation plans allows Seniors to be social and the family to have options in communication.

Is it best to temporarily remove loved ones from their care facility and take them back home?

Moving can be quite stressful for seniors. Families may find it difficult to maintain a contamination-free zone, keep small children and other outside family away while in the household. Families may underestimate the needs of their loved ones. The care that a Senior would typically receive in a Community setting will become the family's responsibility at home. Care could include tasks such as administering medication, bathing, dressing, preparing nutritional meals, laundry, and constant sanitizing. Those living in Assisted Living have fewer trips to the ER – from falls or mismanagement of medications; on-site lab collections (include COVID testing), therefore, less exposure to the public and asymptomatic carriers. Assisted Living is designed to care for and prevent such issues.

Are seniors secluded in their rooms with nothing to do?

As opposed to being isolated by themselves at home, a massive benefit in living in an Assisted Living community is understanding safety and monitoring by staff daily, from the point a resident wakes to when they go to bed.

Recreation, engagement, and exercise with safety protocols in place such as furniture arranged for social distancing and sanitizing the areas, make it possible for seniors to dine, make crafts and watch movies and be among one another, safely.

Seniors are socially engaged if they chose to be and can walk within the community's grounds and visit outside at a safe distance with one another. A controlled socializing setting is achieved safely with health-monitored supervision and individual considerations, all with a common goal to help normalize their days.